

TO REDUCE YOUR JUNK MAIL READ ON!!!

What kind of junk mail do you want to stop?

Catalogs, broadcast advertisements

The Direct Marketing Association is used by many businesses and organizations to advertise through direct mail. Fill out the attached junk mail form for Direct Marketing Associations to have your name removed from its list. It may take three months or more for your request to take effect. Your name will remain deleted for five years. To remain on the mailing list of a particular catalog or company, notify them individually. See form below.

Product samples, ads and coupon mailings

Fill out the ADVO, Inc., First Data Solutions and Val-Pak to stop receiving mail addressed to "occupant" and "resident". See forms below.

Credit card offers

To stop receiving pre-approved credit card and insurance offers call 1-888-5-OPTOUT. Choose option 3 to have your name permanently removed. If you press 1, your name will be removed for just two years.

List brokers Companies collect and purchase information from membership rosters, government records, phone books and a variety of other sources. The information is then used for marketing purposes. Below are some of the major companies that compile the data.

Trans Union
1-888-567-8688

Acxiom
1-877-774-2094

Donnelly Marketing
1-888-633-4402

Equifax
1-800-873-7655

Experian Consumer Services
1-800-407-1088

ADVO, Inc.
List Services
239 West Service Road
Hartford, CT 06120

Please remove my name and address from all list directories that you compile, rent, sell or trade. Below is my name and various ways my name may appear on mailing lists. Please register all variations of my name for removal from your lists.

Name _____

Address _____

City _____ State _____ Zip _____

Variations of my name _____

Variations of my address _____

Signature _____ Date _____

(Fill out form, cut on solid line and mail)

Harte-Hanks
List Removal Services
6701 Daymeadow Dr. Suite D
Glen Burnie, MD 21060-6401

Please remove my name and address from all list directories that you compile, rent, sell or trade. Below is my name and various ways my name may appear on mailing lists. Please register all variations of my name for removal from your lists.

Name _____
Address _____
City _____ State _____ Zip _____
Variations of my name _____
Variations of my address _____
Signature _____ Date _____

(Fill out form, cut on solid line and mail)

Val-Pak Coupons
Direct Marketing
P.O. Box 13428
St. Petersburg, FL 33733

Please remove my name and address from all list directories that you compile, rent, sell or trade. Below is my name and various ways my name may appear on mailing lists. Please register all variations of my name for removal from your lists.

Name _____
Address _____
City _____ State _____ Zip _____
Variations of my name _____
Variations of my address _____
Signature _____ Date _____

(Fill out form, cut on solid line and mail)

Direct Marketing Association
Mail Preference Service
P.O. Box 9008
Farmingdale, NY 11735

Please remove my name and address from all list directories that you compile, rent, sell or trade. Below is my name and various ways my name may appear on mailing lists. Please register all variations of my name for removal from your lists.

Name _____
Address _____
City _____ State _____ Zip _____
Variations of my name _____
Variations of my address _____
Signature _____ Date _____

(Fill out form, cut on solid line and mail)