

Tioga County Public Health Department

Lisa C. McCafferty, R.S., MPH; Public Health Director



HEALTH & HUMAN SERVICES COMMITTEE - PUBLIC HEALTH

TUESDAY, SEPTEMBER 6, 2022

8:30 A.M.

FINANCIAL:

• Agency Financials August 2022

OLD BUSINESS:

• None

NEW BUSINESS:

• Agency Report August 2022

PERSONNEL:

• Tamie Jacobs, Accounting Associate III, NEW HIRE effective August 1, 2022

RESOLUTIONS:

- Amend Budget & Appropriate Funds (CHSC Grant)
- Amend Budget & Appropriate Funds (HWB Program-joint w/ Mental Hygiene)

PROCLAMATIONS:

• Healthy Aging Month (NEW-Laura Bennett to receive)

ADJOURNMENT:



Tioga County Public Health Department

Lisa C. McCafferty, R.S., MPH; Public Health Director

INTERNAL MEMO

TO:	William H. Standinger, III; Chair, HHS Committee
FROM:	Lisa C. McCafferty, R.S., MPH; Public Health Director
CC:	Marte Sauerbrey; Chair, Tioga County Legislature
DATE:	September 6, 2022
RE:	Health & Human Services Meeting September 6, 2022

Attached are Tioga Public Health's materials for the Health & Human Services Committee meeting.

- Financials (pg. 1) •
- Agency Report August 2022 (pgs. 2-13)
- Resolutions:
 - Amend Budget & Appropriate Funds-CHSC (pg. 14)
 - Amend Budget & Appropriate Funds-HWB-presenting jointly w/ MH (pg. 15)
- Proclamations:
 - Healthy Aging Month (pg. 16)

SUMMARY SHEET OF MUNIS REPORT PUBLIC HEALTH DEPARTMENT YTD 2022 THRU AUGUST Report Run date: 8.31.2022

		ORIGINAL	TRANFRS/	REVISED		ENCUMBRANCE/	AVAILABLE	
FUND	ACCOUNT DESCRIPTION	APPROP	ADJSMTS	BUDGET	YTD ACTUAL	REQ	BUDGET	% USED
А	Total A2960 Handicapped Education	1,111,625	0	1,111,625	143,138.90	388,635.38	579,851	47.80
А	Total A4011 Public Health Administr	2,114,136	2,039	2,116,174	1,262,371.00	46,228.18	807,575	61.80
А	Total A4044 Early Intervention	34,543	0	34,543	29,706.51	500.00	4,336	87.40
А	Total A4053 Preventive And Primary	-150,000	0	-150,000	-7,403.59	0.00	-142,596	4.90
А	Total A4064 Managed Care - Dental S	-99,196	25,000	-74,196	-47,572.89	365.00	-26,988	63.60
А	Total A4090 Environmental Health	-220,030	0	-220,030	-181,365.15	11,547.62	-50,212	77.20
Α	Total A6610 Sealer Of Weights And M	8,403	0	8,403	9,609.79	0.00	-1,207	114.40
A	Total A General Fund	2,799,481	27,039	2,826,520	1,208,484.57	447,276.18	1,170,759	58.60
Н	Total H Capital Fund	30,080	17,712	47,792	0.00	64,711.90	-16,920	135.40
	Revenue Total	-3,789,223	-2,808,619	-6,597,842	-2,052,743.04	0.00	-4,545,099	31.10
	Expense Total	6,618,784	2,853,370	9,472,154	3,261,227.61	511,988.08	5,698,938	39.80
	Grand Total	2,829,561	44,751	2,874,312	1,208,484.57	511,988.08	1,153,839	59.90

Comments:

- This report does NOT represent the final figures for YTD through August 2022. It represents what was in MUNIS at the time of this report (8.31.2022)

- Most Revenues received in Jan-Feb are for services/expenses from prior year, & are moved back (to 2021). Thus, current year revenues are delayed.



Tioga County Public Health Department

Lisa C. McCafferty, R.S., MPH; Public Health Director



NOTEWORTHY ITEMS, UPDATES AND ACCOMPLISHMENTS

- We welcomed Tamie Jacobs as our new Accounting Associate III.
- Dan attended several community meetings: 1.) met with project directors for the Candor (V) water line replacement discussing sample requirements for the next section of replacement; 2.) Waverly Village meeting to discuss an apartment complex with insect issues, where he covered basic expectations, best practices, and a time line to remedy; 3.) Met with DEC spill team, Suburban Propane, and insurance providers to explain water testing.
- Continued with Community Health Assessment (CHA) survey data collection until August 1st. Over 1000 responses collected on community survey. Health Educators analyzing data and summarizing for CHA. We hosted a CHA Steering Committee Meeting at Owego-Apalachin District Office. Data from our CHA Community Survey was reviewed and breakout groups began working on what interventions would go into the Community Health Improvement Plan (CHIP).
- We nominated Town of Owego Chief Operator for a State Department of Health initiative seeking candidates of community systems with source water protection plan knowledge who are interested in proactively protecting drinking water source(s).
- Angel completed Child Passenger Safety Training Course, and Laura, Katie and Jordan attended the Child Passenger Safety Update Class
- Several members of our crew tabled at community events: Angel & Stephen tabled at the Catholic Charities Back to School Event providing outreach items; Jordan & Meagan tabled at the Tioga County Fair and provided outreach/education on children's program.
- Public Health Sanitarians have been busy: inspecting all temporary food sites at the Tioga County Fair, and all summer feeding sites (which had no violations).
- We were informed by New York State that the Owego Municipal Complex has been added as a Cooling Center in Tioga County; we had included the facility on Tioga County's 2022 Cooling Center list.
- Kylie trained Dental Van staff on Narcan administration and supplied the van with Narcan.
- Tioga County had its first Monkeypox case. We provided educational material throughout the County promoting awareness.
- Lisa M. completed New York State Office of Fire Prevention and Control's training on Terrorism Indicators and Suspicious Activity Reporting for Fire/EMS.
- Ongoing recruitment for Public Health Nurse and Dentist.
- Ongoing support/partnership in: Team Tioga, Safe Harbor Committee, Allies in Substance Abuse Prevention (ASAP), Tioga County Immunization Coalition, Anti-Hunger Task Force, Tioga County Local Emergency Planning Committee (LEPC), Child Fatality Review Team, Care Compass Network PAC Executive Council, Tioga County Council of Governments, Board of Health, Rural Economic Partnership (REAP), and External Community Advisory Board MPH Program at Binghamton University, Immunization Action Plan Coalition, and Lead Poisoning Prevention Program (LPPP) Coalition.

Continuing with COVID-19

- Provided test kits to 56 Main, the Waverly Town Hall, and the Tioga Center Town Hall.
- Workbook:NYS-COVID-Tracker and/or Coronavirus COVID-19(2019-nCoV_(arcgis.com) to see updated data points (national and state) about Covid cases, comorbidities, demographics.
- As of August 25, 2022; since March 14, 2020 onset:

New York State	National
Total Known Cases: 6,126, 492	Total Known Cases: 93,930, 216
Total Known Deaths: 71, 403	Total Known Deaths: 1,042,465
Total Known Recoveries: 6,003,183	Total Known Recoveries: 91,142, 789

- Current Numbers To Date; since March 14, 2020 onset:
 - **894** Days Since Public Health EOC activated (3/14/2020)
 - 12,964 Confirmed Cases (Data from NYS CommCare system)
 - 20,869 Quarantine/ Isolation Orders Issued (Data from NYS CommCare system)
 - **4,324** Household Trips/Deliveries
 - o 186 Complaints
 - o 4,061 Facebook Likes
 - o 1,096 Facebook Posts
 - 55 Media Interviews
 - o 139 Press Releases

*Go to New York State Dashboard for current COVID-19 data at: <u>https://coronavirus.health.ny.gov/covid-19-data-new-york</u>

Attachments:

- 1. Financial Snapshot August 2022.
- 2. Data Report August 2022.
- 3. Article: "Legislature approves Veterans Service Assistant," Tioga County Courier, August 17, 2022.
- 4. Article: "Swimming Safety," Tioga County Courier, July 27, 2022.
- 5. Article: "First Case of Monkeypox Identified in Tioga County," Candor Chronicle, August 17, 2022.
- 6. Advertisement: " Back to School," Morning Times, August 27, 2022
- 7. Flyer: "Youth Preparedness," August 2022.
- 8. Flyer: "Fast Facts About Monkeypox," August 2022.
- 9. Flyer: "What the Health!?," August 2022.
- 10. Bulletin Boards: Maternal Vaccines& Back to School Safety, Health & Human Services Building, August 2022.
- 11. Bulletin Board: Brain Injuries, 56 Main St., Owego, August 2022.
- 12. Billboard: Lyme Disease, August 2022.

Financial Snapshot Year-to-date through August 2022

	2018 Actual	2019 Actual	2020 Actual* ²	2021 Actual	2022 Budget	Actual ^{*1,3} YTD 2022	Percentage of 2022 Budget
Revenues							
Fees	1,100,359	1,112,262	739,661	625,355	905,235	557,757	60 %
State/Federal	2,680,110	2,704,275	2,047,032	2,315,802	3,060,051	1,095,408	36 %
Local	2,147,623	2,103,208	1,924,103	1,906,875	2,874,312	1,175,847	41 %
TOTAL	5,928,092	5,919,745	4,710,796	4,848,032	6,839,598	2,829,012	41 %
Expenses							
Compensation	1,734,508	1,728,302	1,889,627	2,136,196	2,542,190	1,262,860	50 %
Program Expense	3,671,760	3,661,604	2,518,252	3,928,472	3,929,330	1,454,609	37 %
Core Infrastructure	521,824	529,838	302,917	347,691	368,078	112,273	31%
TOTAL	5,928,092	5,919,745	4,710,796	6,412,359	6,839,598	2,829,012	41 %
FTE: 2022 Approved Headcount of 37 FTE: 31 FT & 6 PT Plus 3 Temps	23.8	26.3	23.7	29.2	30.8		

Allocation of Expenses Year-to-date through August 2022*1,3



*Notes: 1. The "Financial Snapshot" & "Allocation of Expenses" represent figures as of this report date (8/30/2022), and are not the FINAL August 2022 figures.

2. During 2020, the Legislature required a 10% cut in expenses from all County departments. This was removed from the Expense side of the ledger, but not the offsetting revenue portion, thus inflating the reported "Local Share" of Public Health by nearly \$375K.

3. COVID Specific funds have been removed from these tables, as they skew the numbers due to their large amounts. Currently over \$2.6 million has been appropriated of Covid funding within Public Health.

PUBLIC HEALTH ACTIVITIES	Y-E 2020	Y-E 2021	Aug-22	Y-T-D
Community Health				
Healthy Neighborhoods Program Visits	94	112	14	162
- HNP revisits	40	14	0	7
Communicable Disease	618	0	75	553
- Respiratory (Legionellosis, Strep)	143	4	2	7
- Influenza	571	49	0	208
- Tick caused	19	105	48	159
- Hepatitis	20	53	5	65
- Gastrointestinal Disease	16	40	4	25
- PPD Test Administered	5	0	0	0
Child Passenger Safety Seats Inspected	6	20	7	21
- Child Seats FAILED Inspection	5	10	7	19
PH Interns	1	2	0	1
Immunizations total child and adult	35	0	0	0
People Trained w/ Narcan	9	2	0	1
Narcan Distributed (added 8/18) Dental	41	160	0	62
New Clients	424	454	0.4	100
Dental Screenings	124	154 782	24 79	198
- Clients with no tooth decay	237	328	38	664
-Clients WITH tooth decay	116	328	35	198 313
- Clients with EXTENSIVE tooth decay	251	128	5	144
Extractions	91	128	10	72
Children Services	JI	175	101	12
Early Intervention Referrals	132	138	14	102
- Early Intervention CURRENT Caseload Monthly total	531	638	75	
Environmental Health	551	038	7.51	N/A
Animal bite investigations	119	150	26	130
Rabies Clinics	2	6	1	130
- Number of Animals	391	1098	165	850
Food Establishment Inspections	81	182	15	110
- Establishments with Violation	10	26	1	14
Temporary Food Inspections	2	8	23	57
- Clean Indoor Air Act Violations (Smoking)	0	0	0	0
Mobile Home Park Inspections	3	37	0	5
Swimming Pool Inspections	9	14	7	18
Children's Camps	5	4	2	8
Agriculture Fairgrounds	0	2	2	2
Nuisance Complaints	58	17	1	13
Enforcement Actions	11	31	2	24
	11	51	2	24
Weights & Measures				
Inspection Sites	69	129	16	75
-Devices Inspected	277	499	47	143
Petroleum Quality Samples Taken	0	0	12	12
COVID-19				
* Days Public Health EOC activated from year start	285	364	N/A	245
Total COVID Cases for period		5628	394	5802
Individuals Tracked	5040	Contraction of the second second second second		
	5849	13224	394	6089
Calls Taken	15257	7824	9	462
Quarantine/Isolation Orders Issued	4323	13586	0	2886
Household Trips/deliveries	2518	1772	1	34
COVID-19 Related Complaints	144	41	0	1
Vaccination Clinics		36	0	2

Legislature approves Veterans Service Assistant

by Anne O. Stout

At the August 9 regular meeting of the Tioga County Legislature; the legislature approved the hiring of a full time assistant to the Director of Veterans Services.

The Tioga County Veteran Services' Agency (TCVSA) has received new state aid for the Dwyer Program sand has a need to hire a full time assistant to both provide administrative assistance and act as back up to the agency's officers.

Legislative Chairman Martha Sauerbrey commented on the excellent work the TCVSA is doing in helping Tioga County's Veterans.

The legislature approved amending the 2022 budget and transferred funds and also approved a change order for the Park Settlement Bridge.

This bridge is in need of repair work according to the NYSDOT. Economy Paving Corp was awarded the construction contract in June; and now an order for additional work has been submitted.

Funding for \$90,000 was approved from the fund balance, moved into the Park Settlement Bridge account.

Legislator William Standinger noted, "I believe the Park Settlement Bridge is the longest wooden bridge in New York State; and appreciate it being kept open as the other bridge on that road is worse and this one is needed

Tiega Courty Courier 8/17/22 for emergency services to get to them ar residents, if needed."

The Park Settlement Bridge is

located in Standinger's district. The Tioga County Public Health (TCPH) has been awarded funding from the NYS Department of Health.

The funding originated from the Centers for Disease Control, and that funding, in the amount of \$19,400, is designated for a "Pflot budget. Program for Protecting Vulnerable Rrivate Wells and Smaller Water Systems."

The Department of Motor Vehicles has a need for a Customer Facing Device for the new workstation in the office; and NYS DMV requires that any computer hardware used in DMV transactions be purchased from

them and has a set price for the new equipment at \$4,094.

The legislature amended the DMV's budget and approved the purchase.

The Assigned Counsel Administrator's Office has been awarded an Indigent Legal Services Grant in the amount of \$61,902; and the legislature accepted and amended their

A resolution was passed amending for an additional cost of \$133,020.84 for the additions to the computer Aided Dispatch (CAD) Project add Owego Police to CAD: Digital Evidence Module for Owego Pictometry for Mapping; Rapid Notification Module and Data Transfer Costs.

Swimming Safety

Submitted by the Tioga County Health Department

Swimming is an excellent way to be physically active during the hot summer months. However, it is important to take precautions while enjoying time in the water to prevent illness, injury, and even death. According to the Centers for Disease Control and Prevention, drowning is a leading cause of death among children ages 1-4 years. Furthermore, illnesses can be spread if people enter the water while sick with gastrointestinal symptoms, such as diarrhea. The good news is there are steps you can take before, during, and after swimming to protect yourself and your loved ones. Gring and advantage and Before Swimming

· Check for lifeguards. If no lifeguards are on duty, locate the safety equipment (ex. life preserver ring).

• Apply sunscreen with at least 15 SPF. Reapply every hour as sunscreen is not waterproof!

• Ask a friend or family member to accompany you. Never swim alone. Make sure the water looks clean and is not cloudy or discolored.

· Do not go in the water if you are sick with diarrhea.

• Do not go in the water if you have an open wound or cut that is not completely covered with a waterproof bandage.

 To avoid slipping and falling, do not run around the pool deck. While Swimming

· Keep an eye on children at all times. Avoid distractions while supervising.

• Have young children or inexperienced swimmers wear lifejackets.

· Do not dive or jump into shallow water.

• Do not dive or jump if someone is in the area where you will land.

· Do not swallow the water.

Take kids on bathroom breaks and check diapers every hour.

· Stay hydrated.

• After Swimming Dry your ears to help prevent swimmer's ear.

· Keep hydrating. Swimming can lead to dehydration as it is harder to recognize how much fluid you are losing. You can still sweat while in the water!

For more information on safe swimming habits, visit: https://www. cdc.gov/healthywater/swimming/swimmers/steps-healthy-swimming. Tioga Caurily Caurier 7/27/22 html

First Case of Monkeypox Identified in Tioga County

Tioga County Public Health has confirmed its first case of monkeypox in the county. The department confirms this is an isolated case and there are no associated close contacts. There is no health risk to the general public at this time. Tioga County Public Health is encouraging residents to be aware of the symptoms and take steps to reduce the risk of contracting the infection. Martha Sauerbrey, Legislative Chair says, "Residents do not need to feel alarmed, and she has complete confidence in Tioga County Public Health to manage the situation."

Monkeypox spreads through close physical contact between people.

This includes:

- · Skin-to-skin contact with monkeypox sores, rashes, or lesions
- Skin contact with fabric or dressings that have contacted sores, rashes, or lesions
- Sexual activity with single and/ or multiple, partners that have monkeypox
- Prolonged, face-to-face contact where respiratory secretions are shared



Tioga County Public Health is encouraging residents to be aware of the symptoms of monkeypox and take steps to reduce the risk of contracting the infection.

Symptoms of monkeypox include:

· Rashes, bumps, or blisters on or around the genitals or in other areas like hands, feet, or face, which are not clearly due to something else

Candor Chronicle 8/17/22

· Potential flu-like symptoms such as fever, aches and pains, fatigue, and chills

It's important to note an individual may experience all or only a few symptoms. The disease is contagious from the onset of symptoms or until the rash scabs have dried up and fallen off and the skin is healing well underneath.

Community members can reduce the risk of monkeypox by avoiding close face-to-face and skin-to-skin contact with someone who has a monkeypox-related rash or other symptoms, avoiding traveling to areas where monkeypox is present, and asking sexual partners if they have a rash or symptoms consistent with monkeypox.

If you are concerned about your risk to monkeypox or are experiencing symptoms, you should contact your primary care provider to assess your condition and help you take the appropriate next steps. A vaccine is available for those with high risk of infection, and antiviral medications are available to the infected. If you are uninsured or don't have a healthcare provider, you can call 211 or 1-800-901-2180.

For more information on monkeypox, please visit https://health.ny.gov/ diseases/communicable/zoonoses/

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child	Newark Valley				
ready	North Spencer Christian				
	Owego-Apalachin	September 7			
for	Spencer Van-Etten	September 7			
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Make sure they are					
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Vac	cinations!	Public Health			
		Tioga County			

BACK TO

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Morning Times 8/27/22

YOUTH PREPAREDNESS

PRACTICE EVACUATION PLANS AND OTHER EMERGENCY PROCEDURES WITH CHILDREN ON A REGULAR BASIS

READY.GOV/KIDS

INCLUDE CHILDREN IN PREPAREDNESS CONVERSATIONS

KNOW THE EMERGENCY PLAN FOR YOUR CHILD(REN)'S SCHOOL AND CHILD CARE FACILITY

TEACH KIDS WHEN AND HOW TO CALL IMPORTANT NUMBERS LIKE 9-1-1

Public Health

Tioga County

MAKE SURE CHILDREN HAVE EMERGENCY CONTACTS MEMORIZED OR WRITTEN DOWN IN A SECURE PLACE

FAST FACTS ABOUT MONKEYPOX

Symptoms:

• Rashes, bumps , or blisters on genitals, hands, feet, chest, or face.



• Flu like symptoms: fever, headache, muscle aches, chills, and fatigue.

How Does Monkeypox Spread?

- Direct, physical contact with someone who has monkeypox sores.
- Respiratory droplets or oral fluids from someone with monkeypox.
- Contact with objects or fabrics (clothing, towels, bedding) that someone with monkeypox used.

How Can I Protect Myself?

- Ask sexual partners if they have a rash or other symptoms consistent with monkeypox.
- Avoid skin-to-skin contact with someone who has a rash or other monkeypox related symptoms.
- If you are exposed to monkeypox or are experiencing symptoms, reach out to your health care provider.



WHAT THE HEALTH !?

Back to School Safety

School Bus Safety

Riding a school bus is the safest way for your child to get to school. Review when to approach the bus, how to behave on the bus, and bus stop safety.



Walking to School

Whether your child walks alone or with a friend, make sure you discuss the route they take, how to cross the street, and what to do if someone they don't know approaches them.

Bicycling to School

Make sure you review bike safety including wearing a helmet, the safest bike route, and rules of the road.

Discussing Threatening Situations

Talk about being aware of what is around them, who to trust and what to do if someone approaches them. Teach your child how to identify a harmful situation, create a no-secret policy, and make sure your child memorizes your phone number!



August is Breastfeeding Awareness Month

5 Important Facts About Breast Milk

- 1. It affects a child's sleep patterns. Breast milk makes babies sleepy.
- 2. There are hormones in breast milk. Breast milk contains prolactin and oxytocin.
- 3. It reduces the risk of illnesses. It is thought that women who breastfeed are less likely to get breast cancer.
- 4. Certain risks are lowered. The risk of infant death syndrome is reduced.
- 5. Breast milk and the body. It consumes 25% of the body's energy.



Are You Drinking Enough Water?

Urine Color Chart



National Immunization Month

Immunizations are a safe and effective way to protect the public from communicable diseases! When you are vaccinated, it helps protect vulnerable populations from ever being exposed to harmful disease.

Don't forget to check with your child's healthcare provider to make sure they have all of their required vaccinations before they go back to school!







Tioga County 😵 Public Health



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REFERRED TO:

HEALTH & HUMAN SERVICES COMMITTEE FINANCE COMMITTEE

RESOLUTION NO. -22

AMEND BUDGET & APPROPRIATE FUNDS PUBLIC HEALTH

WHEREAS: Tioga County Public Health has been awarded funding from New York State; and

WHEREAS: The award is designated for Creating Healthy Schools & Communities, which is a partnership between Broome and Tioga Counties; and

WHEREAS: Creating Healthy Schools & Communities is an area of focus for Public Health; and

WHEREAS: The funding will pass through Broome County to Tioga County Public Health; and

WHEREAS: Amending of Budget and Appropriation of Funds requires Legislative approval; therefore be it

RESOLVED: That funding be appropriated as follows:

From: A4053 422800	Public Health: Local Grants	\$ 75,000
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To: A4053 540640 Public Health: Supplies \$75,000

And be it further

RESOLVED: That available funds on 12/31/22 of the original \$75,000 will be carried forward into the New Year.

REFERRED TO:

HEALTH & HUMAN SERVICES COMMITTEE FINANCE COMMITTEE PERSONNEL COMMITTEE

RESOLUTION NO. -22 AMEND BUDGET AND APPROPRIATE FUNDS MENTAL HYGIENE AND PUBLIC HEALTH

WHEREAS: The New York State Department of Health has instituted a mandatory New York State Health Care and Mental Hygiene Worker Bonus (HWB) Program whereby it is the employers responsibility to submit its eligible workforce for the bonus; and

WHEREAS: A qualified employer who fails to identify, claim, and/or pay any bonus for more than 10 percent of bonus eligible workers may be subject to penalties of up to \$1,000.00 per violation of the HWB Program; and

WHEREAS: Tioga County Mental Hygiene (TCMH) and Tioga County Public Health (TCPH) have both identified eligible workforce employees; and

WHEREAS: Tioga County will incur no local share increase, as New York State will also reimburse "fringe benefit" costs associated with the HWB; and

WHEREAS: Budget Officer will need to modify "fringe benefit" budget lines as is appropriate; and

WHEREAS: Amending of Budget and Appropriation of Funds require Legislative approval; therefore be it

RESOLVED: That the budget be modified and appropriated as follows:

From: A4210-434890-HWB1	SA Other-Health Care Workers Bonus	\$ 30,000.00
To: A4210-510050-HWB1	Salary All Other	\$ 30,000.00
From: A4309-434890-HWB1	SA Other-Health Care Workers Bonus	\$ 3,000.00
To: A4309-510050-HWB1	Salary All Other	\$ 3,000.00
From: A4310-434890-HWB1	SA Other-Health Care Workers Bonus	\$ 60,000.00
To: A4310-510050-HWB1	Salary All Other	\$ 60,000.00
From: A4011-434890-HWB1	SA Other-Health Care Workers Bonus	\$ 12,000.00
To: A4011-510050-HWB1	Salary All Other	\$ 12,000.00

And be it further

RESOLVED: That the Budget Officer is authorized to make adjustments to "fringe benefit" budget lines as is appropriate; and be it further

RESOLVED: That available funds on 12/31/22 of this amendment and appropriation will be carried forward into the New Year.

COUNTY OF TIOGA EXECUTIVE PROCLAMATION

WHEREAS: Aging is a normal and natural process that everyone undergoes, yet it can present challenges such as increased rates of chronic diseases including hypertension, diabetes, dementia, and arthritis; and

WHEREAS: The way an individual ages depends on a multitude of factors including heredity, physical health, mental health, lifestyle, and nutrition; and

WHEREAS: Remaining physically active, eating a balanced diet, being involved in your community, using preventative services such as cancer screenings, and most importantly managing your health can help you age in a graceful manner and decrease the likelihood of developing chronic conditions; and

WHEREAS: The number of older adults continues to grow in the United States; by the year 2030, 1 in 5 adults are projected to be 65 years or older; and

WHEREAS: According to 2020 census data older adults account for 21.5% of Tioga County's population. Prioritizing healthy aging is crucial; and

WHEREAS: With an aging population comes an increased need for healthcare, long-term care, social services, senior housing, and other resources that support adults as they age; and

WHEREAS: Current resources for older adults in Tioga County include, but are not limited to, programs offered through Tioga Opportunities, Tioga County Department of Social Services, Tioga County Mental Hygiene, and Tioga County Public Health. Available services include congregate dining and home delivered meals, programs and activities for older adults, protective services, long term care services, and free home safety checks; therefore

The TIOGA COUNTY LEGISLATURE, County of Tioga, does hereby proclaim the month of September 2022 as:

HEALTHY AGING MONTH

and urges all residents 65 years and older to utilize available programs and services in our community, visit their primary care provider regularly, make healthy lifestyle choices, and enjoy their lives!

Dated: September 13, 2022

MARTHA SAUERBREY, CHAIR TIOGA COUNTY LEGISLATURE