

OWEGO COMMUNITY RESPONSE ACTION PLAN – RESOURCE AND NEEDS ASSESSMENT



This is a product of the Community Response Action Plan created and implemented by Truth Pharm, Inc. made possible through a grant from the Community Foundation of South Central New York and performed in conjunction with Tioga County ASAP. The Community Response Action Plan is intellectual property and permission must be requested to utilize it. Truth Pharm, no Tioga County ASAP's logos are to be removed from this document.

Mental health and crisis assistance:

Tioga County Mental Health Clinic OPEN ACCESS - Also available for Drug and Alcohol Services and

Assessments: (607) 687-4000 between 9 a.m. to 5 p.m. or by calling the Tioga County Sheriff's Department at (607) 687-1010 after hours and weekends and requesting to speak to the on-call crisis worker.

OPEN ACCESS offers clients the ability to be seen "on demand" for any non-medical mental health service on a first come first serve basis. The goal is to eliminate any barriers for clients to access mental health services, whether it is unreliable transportation, childcare issues, or chaotic work schedules. Clients simply present to the Owego Clinic and request to be seen by the OPEN ACCESS provider. By offering the ability to be seen "on demand," the belief is that clients will be more likely to stay engaged and follow through with the treatment. Additionally, the clinic continues to offer 24-hour crisis coverage for clients experiencing a mental health emergency via phone or walk-in.

Clients can walk in to the clinic Monday through Friday from 9 a.m. to 5 p.m. to see a crisis worker in person, or can call on the phone to speak to someone by calling the clinic at (607) 687-4000 between 9 a.m. to 5 p.m. or by calling the Tioga County Sheriff's Department at (607) 687-1010 after hours and weekends and requesting to speak to the on-call crisis worker.

The Southern Tier Mobile Integration Team (MIT) Tioga County: (607) 687-4000, M-F 9am - 5pm (607) 687-1010, All other times

The Southern Tier Mobile Integration Team (MIT) is designed to provide the clinical intervention and support necessary for adults with serious mental illness and youth with serious emotional disturbances to not only remain in the community, but also continue moving forward on their recovery journey. The underlying principles of every MIT service is that individuals do recover, individuals and families are resilient, and there is hope for your future. The Southern Tier MIT is a multidisciplinary team, including peers, dedicated to partnering with people with mental illnesses and their families to keep them healthy while living in their communities. The team will bring services to the individual and their family in Tioga County. A wide array of services are available The Southern Tier MIT provides an array of services delivered by a multidisciplinary team.

COUNSELING & STRESS MANAGEMENT - TIOGA COUNTY		
Tioga Mental Health Department	The clinic offers 24-hour crisis coverage for clients experiencing a mental health emergency via phone or walk-in.	687-4000 (9 -5) After hours and weekends call: 687-1010
UHS Crisis Line	Provides 24/7 services for psychiatric emergency or emotional crisis. Immediate professional help along with referral assistance or hospital admission.	762-2302 1-800-451-0560
Lifeline Suicide Prevention	National suicide prevention hotline 24/7.	1-800-273-TALK
Boys Town National Hotline	24/7 phone service to help anyone with any problem. Spanish available	1-800-448-3000
Nineline Covenant House	Provides 24-hr hotline providing crisis intervention and referrals to runaways; however will help any caller, including adults.	1-800-999-9999
Tioga Mental Health Department	Provides individual, family and group therapy (verbal support and pharmacotherapies). OPEN ACCESS offers clients the ability to be seen "on demand" for any non-medical mental health service on a first come first serve basis. Clients can walk in to the clinic Monday through Friday from 9 a.m. to 5 p.m. to see a crisis worker in person, or can call on the phone to speak to someone by calling the clinic at (607) 687-4000 between 9 a.m. to 5 p.m. or by calling the Tioga County Sheriff's Department at (607) 687-1010 after hours and weekends and requesting to speak to the on-call crisis worker.	687-4000 Owego 565-9594 Waverly
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Family & Children's Society	Works to help individuals (adults, children, teens, and elders) and families resolve their problems, overcome trauma, develop positive relationships and enhance self-esteem. Fee. Private insurance and sliding fee.	Tioga Office 687-3540 Binghamton Office 729-6206
Binghamton University Psychological Clinic (Academic Year Only)	Provides psychological services to local community, including therapy for adults, children, couples, families and groups. Offers assessment, evaluations, and consultation services to individuals, professionals and outside agencies.	777-2103 777-4929

Catholic Charities Family and Individual Counseling	Therapy for individuals/families/groups. Also sexual abuse treatment program	729-9166
Catholic Charities Gateway Center or Youth (11-21 yrs)	Provides assessment, short-term counseling, referral, and coordination of services to youth and their families. Enables youth to discuss, improve, or stabilize home, school, and employment. Groups for anger management, "active parenting," and other topics. No fee. Eligibility: Youth (11-21 yrs) and their parents. Parental permission or notification NOT required.	584-7800 ext. 450
Employee Assistance Program (EAP)	Short-term counseling may be available to employees facing problems and difficult decisions. No fee.	Contact your Employer
Greater Binghamton Health Center Community Treatment & Recovery Center	Adult outpatient clinic offers comprehensive mental health services.	797-0680
Lourdes Center for Mental Health	Counseling on all issues for youth 10-21 yrs, including anger management.	584-4465
Samaritan Counseling Center	Provides individual, family and youth counseling. Fee. Some fee consideration may be possible.	754-2660 1-877-825-0678
Support Groups & Self Help Groups	Call Susquehanna River Region 2-1-1 (First Call For Help) for up-to-date information on all types of self-help support groups including bereavement/loss resources.	2-1-1 1-800-901-2180

Suboxone and/or Vivitrol:

Call the NYS HOPEline at 1-877-8-HOPENY to find a prescriber.

Dr. Eijro Agboro-Idahosa Med Psych Associates LLC, 80 William Donnelly Indust. Pkwy, Ste. 2, Waverly, NY 607-821-2444	Dr. Victor Idahosa 348 Broad Street Waverly, NY 14892 607-821-2444	Dr. Saeed Khan 40 North Chemung Street Waverly, NY 14892 607-426-0990
Dr. Keith Andrew Nichols 130 Temple Street, Suite 100, Owego, NY 13827 (607) 687-5616		

Vivitrol Prescribers

Vivitrol is an opioid antagonist that is administered by a health care provider. It is a once a month injectable medication used along with counseling. It is not a narcotic and requires detox. Before starting Vivitrol, you must be opioid free for a minimum of 7 to 30 days to avoid serious consequences from opioid withdrawal.

Use this link to find a prescriber <https://www.vivitrol.com/find-a-treatment-provider>

Dr. Keith Nichols 130 Temple Street, Owego, NY 13827 607-687-5616	Dr. Subu Dubey 55 Washington Ave., Endicott 607- 760-3211	Dr. Suresh Undavia 114 Clayton St. Vestal, NY 13850 607-785-4277
Addiction Center of Broome County 30 West State St., Binghamton 607-723-7308 x111	Trinity of Bradford County 100 Henry Street, Sayre, PA 570-731-4534	Center for Holistic & Integrative Mental Health, 307 North Main St., Athens, PA 570-888-1541
Finger Lakes Addictions Counseling and Referral 106 South Perry Street, Suite 3, Watkins Glen, NY 14891 607-535-8260		

Harm reduction locations – needle exchange and/or needle access:

STAP: At this time STAP does not have an office in Tioga County or the Owego area. Although we are able to make special arrangements to deliver supplies or services to those who are unable to make it one of our other locations. If this is something you or someone you know is interested in, please call [607-237-0497](tel:607-237-0497).

Household Sharps Disposal Guidelines

Follow the below guidelines when storing sharps until they can safely be disposed of.

DO

- Place used Sharps in a sharps container. Containers can be purchased at the local drug store. If you do not have a sharps container use a plastic bottle that cannot be broken or punctured, such as a detergent bottle. Screw cap on & tape cap. Write “SHARPS” on the container. Bring to a designated drop-off location that accepts sharps.
- Place sharps in container directly after use. Keep container closed and away from children and pets. Store in a secure location.
- When traveling bring container with you.

DON'T

- Don't put sharps containers in the trash.*
- Don't clip, bend or put the cap back on used sharps
- Don't put loose used sharps or used sharps container in with the recyclables
- Don't put used sharps in soda cans, milk cartons, glass bottles or containers that can be broken or punctured. Coffee cans are not safe because plastic lids come off easily, leak and can be punctured.

*Used sharps containers can be placed in the trash only if access to a drop-off is not available

Sharps disposal locations:

Tioga County

Tioga Elderwood at Waverly 37
North Chemung St., Waverly
607-565-2861
8 AM-4 PM Front lobby

Tioga Riverview Manor Health
Care Center 510 Fifth Ave,
Owego
607-687-2594
8 AM-4 PM Front Lobby

Tompkins County

Cayuga Medical Center
10 Arrowwood Drive Ithaca, NY
607-274-4150
Mon - Fri 8 a.m. to 2 p.m.

Cayuga Medical Center, Main
Entrance
1129 Commons Ave., Cortland
607-756-7200
Mon – Fri 8 a.m. to 4 p.m.

Broome County

Our Lady of Lourdes Memorial
169 Riverside Dr. Binghamton
607-798-5218
Mon.-Fri. 6:30 a.m. to 3:30 p.m.
Holidays and Weekends 7:30
a.m.-3:30 p.m.
Off main entrance to hospital on
right

Wilson Medical Center (UHS)
91 Baldwin Street Johnson City
607-763-6599
Fridays 11 a.m. to 2 p.m.
Transportation Garage on the
corner of Baldwin St and Corliss
Ave

Binghamton General Hospital
125 Park Avenue Binghamton,
607-763-6599
Wednesdays 11 a.m. to 2 p.m.
(UHS) Emergency Room
Entrance/ Park Ave

Naloxone access:

Anyone in New York State can request a prescription for Naloxone from their physician, even if it is not due to your use, but a family or friend's use. Your insurance is required to provide the same benefit for this prescription as any other necessary prescription your doctor may write. So, whatever your standard copay is for prescriptions applies. You can get this prescription filled at any pharmacy.

For free training and/or kits, you can also visit STAP's Prevention Point:

227 Main St., Johnson City, NY 13790

Phone: 607-237-0497 x202

www.fixsafe.org

Prevention services:

Trinity-CASA of Tioga County, located at 6 McMaster St., Suite #4 in Owego is a substance abuse prevention agency that provides youth education in schools in Tioga County.

For more information regarding their services or how to get involved, call Christina Olevano, program supervisor, at (607) 223-4066. You can also find them on Facebook.

EMS and Police Agencies servicing the Owego area all carry and administer Naloxone/Narcan – the overdose reversal medication:

The Owego Fire Department:

87 North Ave. Owego NY.

(607) 687-1201

Owego PD

90 Temple St, Owego, NY

(607) 687-2233

New York State Police

2354 NY-434, Owego, NY

(607) 565-8581

Tioga County Sheriff

103 Corporate Dr, Owego, NY

(607) 687-1010

Unused Prescription Drop-off locations:

Please do not keep unwanted or unneeded medications in your home. Dispose of them if you do not need them. Also keep all addictive, narcotic and psychotropic medications under lock and key at all times.

To dispose of unwanted medications, drop them at a local collection box. Please do not throw them in your trash or flush them.

Unwanted medications (no sharps) can be brought to a permanent collection boxes located at:

Tioga County Sheriff's Office

Medication Drop Box is located

in the main lobby of the Tioga

County Sheriff's Office at 103

Corporate Drive, Owego, NY.

The drop box is available

Monday through Friday

between 8:00 AM and 4:00 PM.

Needles, lancets, other

"sharps" and liquids are not

accepted.

Village of Waverly Police

Department

Medication Drop Box is located

at the Village of Waverly Police

Department located at 32

Ithaca Street, Waverly, NY. The

drop box is available Monday

through Friday between 8:30

AM and 4:00

PM. Needles/Sharps are not

accepted.

Village of Owego Police

Department

CVS Pharmacy provided the

funds to pay for a drug

collection unit at the police

station on Temple Street.

Unwanted meds can be

dropped off during normal

police station hours, no

questions asked. 90 Temple

Street, Owego, NY 13827

Support Groups:

Narcotic Anonymous Meetings

Saint Paul's Episcopal Church
117 Main Street Owego, NY 13827
SUNDAY 7:00pm
TUESDAY 8:00pm

1st Presbyterian Union Church
111 Temple Street Owego, NY
MONDAY 12:00pm
(Handicap accessible)
Open meetings

Red Door
359 Broad Street Waverly, NY
WEDNESDAY 7:00pm

Alcoholic Anonymous Meetings

OWEGO

Saint Paul's Episcopal Church
(Mon. Thurs. Sun.)
117 Main Street Owego, NY
MONDAY Discussion 8:00pm
(Open Meeting, Handicap accessible)
THURSDAY 8:00pm (closed Meeting)
SUNDAY Discussion 6:00pm
(Open Meeting)
*First Thursday Big Book Meeting
*Next To Last Thursday speaker Meeting

Gospel Chapel (Tues.)
203 North Ave Owego, NY 13827
TUESDAY 6:00pm (Handicap accessible (except for bathrooms)
Open Meeting

Owego Campfire Group (Daily Mon-Fri)
First Presbyterian Union Church
111 Temple Street Owego
DAILY (Mon-Fri) 12:00pm (Open Meeting and Handicap accessible)

Owego United Methodist Church (Wed.)
261 Main Street Owego, NY
Keep It Simple Group
WEDNESDAY 8:00pm (Closed Discussion and Handicap Accessible)

Goodrich Settlement Grange (Fri.)
Glenmary Drive Owego, NY
Back to Basics Group
FRIDAY 8:00pm
Leader Type/Speaker (Closed Meeting, Handicap Access except for bathroom)
12 & 12 Last Friday Discussion

First Union Presbyterian Church (Sat.)
111 Temple Street Owego, NY
Keep the "Plug in the Jug" Group
SATURDAY 7:00pm (Open Meeting, Handicap Accessible)
12&12 First Sat./ Speaker last Sat.

John Kassapian Pavilion (Fri)
Hyde Park, Owego Little League Fields Next to Owego Creek,
Talcott Street (open air) Memorial day to Labor day FRIDAY 9:00am

APALACHIN

North of the Border Group (Sun)
Park Terrance Community Methodist Church
30 Glann Road Apalachin, NY
7:00pm (Closed meeting, Handicap Accessible)

CANDOR

Candor "Big Book" Group (Fri)
St. Marks Episcopal Church
17 Main Street
Candor, NY
FRIDAY 8:00pm (Open Meeting Handicap Accessible)

WAVERLY

Valley Group (Sun)
First Presbyterian Church
459 Park Ave
Waverly, NY
SUNDAY 8:00pm (Open Meeting, Handicap Accessible)

You Are Not Alone Group (Mon-Sat)
Christian Life Church
Corner of Board & Clark St.
Waverly, NY
DAILY Mon-Sat 12:00pm (Closed Meeting Handicap Accessible except for bathroom)

Owego – Joshua's House Teen Center. Friday's 6-9pm



Treatment Options/Providers:

Substance & Alcohol Abuse Resources - Tioga County, NY		
Alcoholics Anonymous	12-Step Recovery Program.	722-5983 1-800-307-4285
Al-Anon & Alateen	12-Step Family Coping Program and for Teens <i>affected by someone else's addiction.</i>	722-0889 1-888-425-2666
Clearbrook Treatment Ctr	Provides separate adult, adolescent and family inpatient treatment facilities with specialized recovery programs on inpatient basis. Uses AA principles, includes individual and family treatment, provided on voluntary basis; networks AA contact, out-patient services, and halfway house placement for clients from outlying areas.	1-877-726-2334 24 hr Admission
Conifer Park	Provides medically supervised detoxification and crisis counseling services to patients admitted to the withdrawal and stabilization unit. Program is designed for patients experiencing withdrawal symptoms, including physical or psychiatric complications, associated with chemical dependence. General services for clients admitted into Conifer Park's withdrawal and stabilization unit include: · Medical Evaluation · Psychosocial Evaluation · Individual and Group Counseling · Family Programming and Support	1-800-989-6446
Crouse Hospital	Inpatient /Outpatient substance abuse treatment Provides medication-assisted maintenance therapy for opiate addiction.	1-800-727-6873
Fairview Recovery Services, Inc <i>Addictions Crisis Center Binghamton</i>	Provides chemical dependency services: 24-hr detox; medical referrals; counseling referrals; continuing care referrals.	722-4080 Hotline 723-3321
Lourdes Center for Mental Health	Specializes in care of adolescents (10-21 yrs). Group counseling around issues such as anger management, drug/alcohol use, weight control, smoking cessation, and others.	584-4465
Narcotics Anonymous <i>Triple Cities Area</i>	12-Step Substance Abuse Recovery Program.	762-9116 <i>Call for info</i>
Self-help Support Groups	Self-help support groups are available for many addictions. Call to get an accurate and up-to-date listing of groups meeting in the area.	Dial 2-1-1 or 1-800-901-2180

Southern Tier Drug Abuse Treatment Ctr <i>Binghamton</i>	Provides methadone maintenance for opiate addiction, including counseling on outpatient basis.	Methadone 762-2800 Suboxone 762-2901
Tioga County Council on Addiction and Substance Abuse	Referral and advocacy for alcohol and substance abusers and those with gambling problems.	687-6349
Tioga County Mental Hygiene Dept <i>Owego</i>	Provides evaluation; individual, family and group counseling for alcohol, drug and codependency problems; group services and treatment alternative to incarceration program.	687-4000 1-877-882-8313
Tioga County Open Door Mission <i>Owego</i>	Provides 10-bed men's homeless shelter and transitional housing. Offers alcohol counseling and referrals.	687-1121 687-2234 After hrs (Owego Police)
UHS New Horizons Alcohol & Drug Crisis Line <i>Binghamton</i>	Round-the-clock information for anyone feeling in need of assistance in regard to theirs/someone else's drug and/or alcohol abuse.	762-2257 Hotline 762-2255 Detox 1-800-451-0560
OASAS Addiction Treatment Centers	To offer inpatient treatment to individuals with co-occurring addictions and mental health disorders. Serves 14 counties in central New York. See sites below	
	Russell E Blaisdell Addiction Treatment Center Orangeburg NY	1-845-359-8500
	Mc Pike Addiction Treatment Center Utica NY	315-738-4465
	Van Dyke Addiction Treatment Center Ovid NY	607-869-5609 ext 321
	Richard C Ward Addiction Center Middletown, NY	845-341-2511
	www.helpme211.org Dial: 2-1-1 or 1-800-901-2180	

Housing:

Shelter Resources		
A New Hope House - Safe Shelter	Eligibility: Survivors of intimate partner abuse, dating violence, sexual assault, child abuse, incest, hate crimes, and survivors of other crimes. May also provide foster care for pets that might be endangered if left behind.	607-687-6866 1-800-696-7600
Renovation House Program for Men 379 Dean Creek Rd Spencer, NY 14883-9346	Residential Christian rehabilitation for minimum of 12 months. Residents responsible for attending classes, work practicum sessions, individual counseling, group counseling, chapel and life skill activities. Provides family counseling. Fees: \$600 admission fee, \$400 monthly	Intake Process: Phone 607-589-4413

Tioga County Open Door Mission Men's Homeless Shelter and Transitional Housing 425 Upper North Ave Owego, NY 13827-1199	Provides 8-bed men's shelter furnishing bed, food, addiction recovery support, transportation to medical facilities, transportation to job interviews, medical and transitional assistance. Men from the homeless shelter who have acquired jobs can stay until they have the necessary finances to be self-supporting.	607-687-1121 No acceptance after 10:00 pm
Volunteers of America 320 Chenango St Binghamton, NY	Emergency Family Housing: Provides apartment units for homeless families. Provides emergency housing dormitory facility, room/board, housing counseling for single men (18 and older) who due to crisis have no place to live.	Family Housing 607-771-6795 Men's Housing 607-772-1156
YMCA Emergency Shelter for Men 61 Susquehanna Street Binghamton, NY	Provides emergency housing for males 18 and older.	607-772-0560 ext 336
YWCA Women's Emergency Shelter 80 Hawley Street Binghamton, NY	Emergency housing to women 18 and older willing to follow house rules. Clients unable to pay, must apply to Social Services Dept. Client must sleep in assigned room. Interview upon admission. Assists clients in meeting basic need requirements.	772-0340 ext 223

Tioga County Runaway and Homeless Resources

24/7 Telephone Numbers or Text		
211 Information and Referral	Find help and resources in your area.	Dial 2-1-1 1-800-901-2180
Boys Town National Hotline	24/7 phone service to help anyone with any problem	1-800-448-3000
Crisis Hotline - Domestic Violence/Rape/Crime Victims Assistance - A New Hope Center	Offers 24-hour crisis intervention hotline for victims of rape, sexual assault, domestic violence and other crimes. Provides counseling, accompaniment to hospital, safe shelter intake, legal advice, support groups, advocacy and more.	1-800-696-7600
National Runaway Safeline	Need to Talk? We're Here 24/7. Each team member has been trained to handle a crisis, provide support and listen to your story.	1-800-Runaway Text 66008
Nineline Covenant House	Provides 24-hr hotline providing crisis intervention and referrals to runaways/potential runaways; however will help any caller, including adults.	1-800-999-9999
Tioga County Social Services	Assists with emergency housing. Takes reports of suspected child abuse and neglect from NYS Hotline. NYS Child Abuse Hotline: 1-800-342-3720	607-687-8300
United Health Services Crisis Line	Provides 24/7 service for psychiatric emergency or emotional crisis. Immediate professional help along with referral assistance or hospital admission	607-762-2302 1-800-451-0560
Veterans Crisis Line - Connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders. 24 hours a day, 7 days a week, 365 days a year		1-800-273-8255. Press 1 text 838255

Educational Rights of Children and Youth Experiencing Homelessness:

- The right to immediate enrollment in school, even if lacking paperwork normally required for enrollment.
- The right to attend school in his/her school of origin, if requested any feasible, OR in the school in the attendance area where the family or youth is currently residing.
- The right to receive transportation to his/her school of origin.
- The right to services comparable to those received by housed schoolmates, including transportation and supplemental educational services.
- The right to attend school along with children not experiencing homelessness.
- The posting of all homeless students' rights in all schools and other places around the community.

NYS TEACHS	If you have a school related question or concern about yourself or a young person experiencing homelessness call	1-800-388-2014
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Tioga County School District Homeless Liaisons

The McKinney-Vento Act requires every Local Educational Agency (LEA) or school district to "designate an appropriate staff person" to serve as the LEA liaison for the school district. This person is responsible for ensuring the immediate enrollment of and securing transportation for students experiencing homelessness in the school district. **Each Schools District has a Homeless Liaison and the contacts are below**

Candor Central School District	Holly Carling	607- 659-7727 hcarling@candorcs.org
Newark Valley Central School District	Todd Schaffer	607- 642-5524 haffer@nvcs.stier.org
Owego-Apalachin Central School District	Jennifer Potter	607- 687-6261 potterj@oacsd.org
Spencer-Van Etten Central School District	Christina Lampila	607- 589-7111 clampila@svecsd.org
Tioga Central School District	Kathleen Keene	607- 687-8002 kkeene@tiogacentral.org
Waverly Central School District	Jeffrey De Angelo	607- 565-8101 x1014 jdeangelo@gstboces.org

Shelter Resources

American Red Cross Fire and Flood Disaster Only	Provides shelter to those affected by disaster (e.g. fire, flood, power outage).	607-785-7207
A New Hope House - Safe Shelter	Eligibility: Survivors of intimate partner abuse, dating violence, sexual assault, child abuse, incest, hate crimes, and survivors of other crimes. May also provide foster care for pets that might be endangered if left behind.	607-687-6866 1-800-696-7600
Renovation House Program for Men 379 Dean Creek Rd Spencer, NY 14883-9346	Residential Christian rehabilitation for minimum of 12 months. Residents responsible for attending classes, work practicum sessions, individual counseling, group counseling, chapel and life skill activities. Provides family counseling. Fees: \$600 admission fee, \$400 monthly	Intake Process: Phone 607-589-4413
Tioga County Open Door Mission Men's Homeless Shelter and Transitional Housing 425 Upper North Ave Owego, NY 13827-1199	Provides 8-bed men's shelter furnishing bed, food, addiction recovery support, transportation to medical facilities, transportation to job interviews, medical and	607-687-1121 No acceptance after 10:00 pm

	transitional assistance. Men from the homeless shelter who have acquired jobs can stay until they have the necessary finances to be self-supporting.	
Volunteers of America 320 Chenango St Binghamton, NY	Emergency Family Housing: Provides apartment units for homeless families. Provides emergency housing dormitory facility, room/ board, housing counseling for single men (18+ yrs) who due to crisis have no place to live.	Family Housing 607-771-6795 Men's Housing 607-772-1156
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YWCA Women's Emergency Shelter 80 Hawley Street Binghamton, NY	Emergency housing to women 18 and older willing to follow house rules. Clients unable to pay, must apply to Social Services Dept. Client must sleep in assigned room. Interview upon admission. Assists clients in meeting basic need requirements.	772-0340 ext 223
Emergency Outreach		
<i>The Bridge of the Penn-York Valley</i> PO Box 202 Sayre, PA 18840-0202 Eligibility: Residents in Waverly School District	Emergency assistance for rent (with eviction notice), utilities (including shut-off notice), and other emergency situations using vouchers. Transportation for those stranded and unable to get transportation out of the community. Assistance generally up to \$300 in 6-month period, but each case decided on individual basis.	570-888-8826
Catholic Charities 139 Roki Blvd Nichols, NY 13812	Emergency Financial Assistance Very limited financial assistance is available: <ul style="list-style-type: none"> • Help with security deposits to find appropriate housing or rental arrears. • Prescription assistance for those in need of a prescription that they cannot afford. • Utility assistance to avoid shut off. 	607-414-1023
Salvation Army Emergency Assistance - Tioga County 581 Broad St Waverly, NY 14892-1504	Limited assistance is focused on families and individuals who are working but are faced with an unplanned emergency, such as an unexpected medical bill or car repair expense. Short term crisis aid may be offered while the individual works on long term case management.	607-565-7137
Tioga County DSS Health and Human Services Building 1062 NYS Rt. 38 Owego, NY 13827	Employment & Transitional Supports/Intake: Determines eligibility for programs of Public Assistance, Medicaid, SNAP, HEAP, daycare. Energy assistance (HEAP). During heating season, agency workers available on an on-call basis for fuel emergencies during non-working hours.	607-687-8300 <u>After Hours</u> 607-687-1010 On-call worker will contact caller.

Tioga County Rural Ministry 143 North Ave Owego, NY 13827-1325	One time emergency financial assistance for fuel, utility, medical bills, car insurance, auto repair and gas money, rent, and infant needs. Transportation to medical appointments.	607-687-3021
Other Resources		
Boys & Girls Club of Tioga County 201 Erie St Owego, NY 13827	Athletics and Social Support. Showers. Fee for membership.	607-687-0690
Kinship Care Program 24 Cherry St Johnson City, NY 13790	Offers support and advocacy for kinship care (means child is being raised by someone other than the parent).	607-352-1729 Toll Free: 1-800-281-8741
Law NY - Tompkins/Tioga Neighborhood Legal Services 215 N Cayuga St Ithaca, NY 14850	LawNY offices may be able to help you with problems such as welfare terminations, divorces, evictions, SSI denials, or other legal problems if you are eligible for our services.	1-800-724-4170 lawhelp.org/ny
Tioga Employment Center Health and Human Services Building 1062 NYS Rt. 38 Owego, NY 13827	Workforce One Stop Center provides services to job seekers.	607-687-8500
Youth Employment Program Cornell Cooperative Extension 56 Main St Owego, NY 13827	Provides skill building and credentialing in order to help participants (18-21 yrs) obtain diploma/certificates, get a job, and strengthen the local workforce. Eligibility: 18-21 yrs if high school drop-out; if graduate individual must meet Workforce Investment Act eligibility guidelines.	607-687-4020
Tioga Social Club 173-175 Main St Owego, NY 13827	Ages 18+. Offers safe place in which to receive support, encouragement, confidentiality and friendship in non-judgmental and positive environment.	607-687-7468 ext 107
Tioga Veterans - Benefits Assistance Health and Human Services Building 1062 NYS Rt. 38 Owego, NY 13827 Eligibility: Veteran of any location	Financial benefits available to veterans from both federal and state governments in areas of education, compensation, employment, insurance, loans, legal, dental, medical services and burial, etc. Provides counseling and assistance to veterans.	607-687-8228



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