

Don't Get Sick From a Tick!

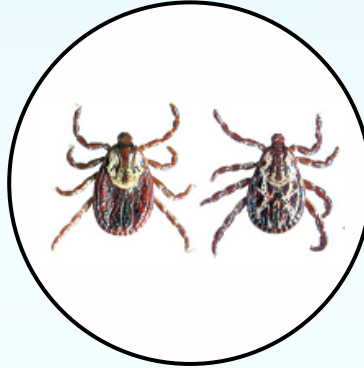
Deer Ticks

(Lyme disease, babesiosis, anaplasmosis)



Dog Ticks

(Rocky Mountain Spotted Fever)



Lone Star Ticks

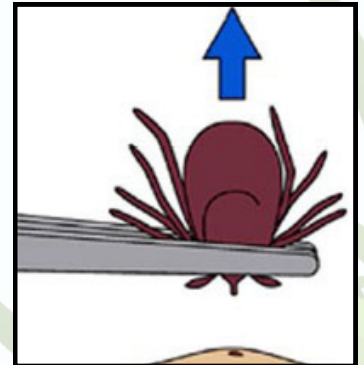
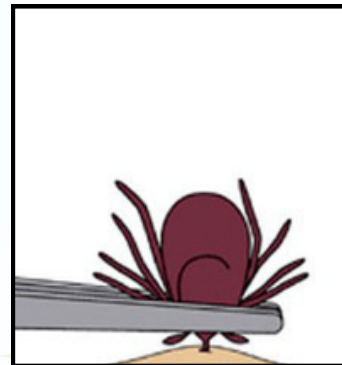
(Ehrlichiosis)



Lyme disease is a bacterial infection you get from a deer tick bite. Symptoms include a bull's-eye rash, joint pain, and flu-like symptoms. Untreated Lyme disease is serious!

How to Remove a Tick:

1. Use fine-tipped tweezers to grasp the tick as close to the skin's surface as possible.
2. Pull upward with steady, even pressure to remove the tick. Avoid twisting or jerking.
3. Clean the bite area and hands with rubbing alcohol, iodine scrub, or soap and water.
4. Dispose of the tick by putting it in a glass or jar filled with rubbing alcohol.



Tick Tips:

- Wear long sleeves and repellent when walking in woods and fields.
- Check for ticks daily.
- Shower after being outdoors.
- Contact your doctor if you have any symptoms of Lyme disease after being bitten by a tick.



Unfed Tick



Fed (engorged tick)



Public Health
Prevent. Promote. Protect.

Tioga County

Questions? Call Us!

Tioga County Public Health Department

607-687-8600



Bull's-eye Rash