



PRESS RELEASE

FOR IMMEDIATE RELEASE

March 24, 2020

Contact: Tioga County Legislative Office

TIOGA COUNTY COVID-19 UPDATE – MARCH 24, 2020

Owego, NY – Tioga County Legislative Chairwoman Sauerbrey reported the following Tioga County COVID-19 Statistics are as follows:

- 2 confirmed cases.
- 68 Individuals in mandatory quarantine. These are individuals who have had close contact (6 ft.) with someone who has tested positive, but is not displaying symptoms for COVID-19; or individuals that have traveled to China, Iran, Japan, South Korea, or Italy and is displaying symptoms of COVID-19.
- 14 Individuals in precautionary quarantine. These are individuals who have traveled to China, Iran, Japan, South Korea, or Italy while COVID-19 was prevalent, but is not displaying symptoms; or is known to have had a proximate exposure to a positive person but has not had direct contact with a positive person and is not displaying symptoms.
- 66 tests are pending.

The outbreak of COVID-19 is affecting all of us in one way or another. Chair Sauerbrey reported information is available on the CDC website on how to reduce stress for yourself, your children, and others. <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html#parents>.

People with pre-existing mental health conditions should continue with their treatment and be aware of new or worsening symptoms. Tioga County Mental Hygiene (Mental Health and Alcohol & Drug Services) is available Monday thru Friday 9:00 a.m. – 5:00 p.m. for Telepsychiatry and Tele-Mental health. If you are unable to connect to the clinic in this way, please call the clinic and we will arrange in-person appointments. Crisis services are available after 5:00 PM to 9:00 AM weekdays and on weekends by calling 687-1010 and asking for the on-call social worker. Additional information can be found at the Substance Abuse and Mental Health Services Administration website <https://www.samhsa.gov/disaster-preparedness>.

For further information, please refer to the following resources:

- <https://www.tiogacountyny.com/departments/legislature/news/covid-19/>
- <https://www.ph.tiogacountyny.com>
- Facebook @ Tioga County Public Health
- Tioga County Public Health Voicemail Line – 687-8623
- Tioga County EOC – 687-8477 (Monday – Friday from 9:00 a.m. – 5:00 p.m.)
- NYS Coronavirus Hotline: 888-364-3065 (for general questions or information about COVID-19)