



# What the Health!?

September 2023

## TIOGA COUNTY PUBLIC HEALTH CHILD SAFETY SEAT CHECK EVENT

THURSDAY, SEPTEMBER 21ST  
2:30PM - 5:30PM

BERKSHIRE FIRE STATION  
12515 NY-38 Berkshire, NY 13736



HAVE YOUR CHILD'S SEAT CHECKED FOR  
CORRECT INSTALLATION AND FIT!

REPLACEMENT SEATS AVAILABLE FOR QUALIFYING INDIVIDUALS!

Questions? Please Call Laura at 607-687-8619

### NEW YORK STATE TRAFFIC SAFETY LAWS

- New York State law requires all children to be restrained in an appropriate child restraint system while riding in a motor vehicle until they reach their 8th birthday.
- All children under the age of 2 must ride in a rear-facing car seat.
- All motor vehicle passengers must be restrained by a seat belt, even when riding in the back seat.

## SAVE A LIFE FREE NARCAN DAY IN TIOGA COUNTY, NEW YORK

Opioid Overdose Prevention Trainings and Free Narcan Kits  
Available & Accessible Across Tioga County!

SEPTEMBER 13, 2023  
**Kickoff Event**  
for Save A Life Day

Tioga Downs Casino & Resort  
2384 W River Rd, Nichols, NY  
11:00am - 1:00pm

Bread of Life Food Pantry  
1 Water St, Candor, NY  
3:00pm - 5:00pm

To learn more about  
Save A Life Day and about Opioid  
Overdose Prevention, please visit  
[ph.tiogacountyny.gov](http://ph.tiogacountyny.gov)

**NARCAN SAVES LIVES!  
WE SAVE LIVES!**



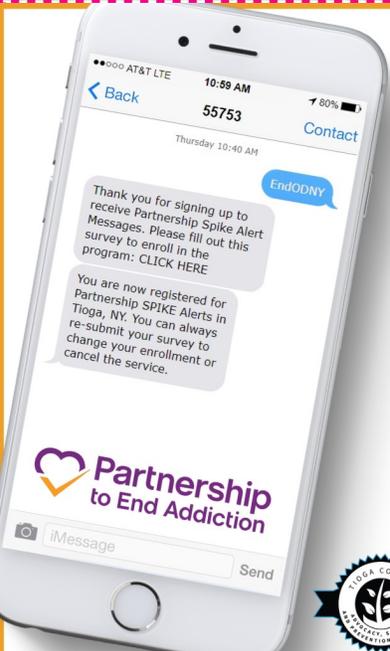
SEPTEMBER 14, 2023  
**Save A Life Day**  
Providing Narcan Across Tioga County

Spencer Food Cupboard  
70 N Main St, Spencer, NY  
8:30am - 10:30am

The Red Door  
359 Broad St, Waverly, NY  
9:30am - 11:00am

CASA-Trinity  
72 North Ave, Owego, NY  
2:30pm - 4:30pm

Newark Valley Village Gazebo  
Main St, Newark Valley, NY  
5:00pm - 7:00pm



## TEXT ENDODNY to 55753

Receive supportive text messages  
designed to provide overdose alerts in  
our community, educational  
information, and life-saving tools!

You can help

# SAVE LIVES

in our community!



## September is National Preparedness Month



Prepare with Everyone in Mind!

- Medical Needs
- Diets
- All Ages
- Pets