TIOGA COUNTY COMMUNITY SERVICES BOARD
OPWDD Subcommittee Meeting
Pending Approval
November 3rd, 2026
9:30 a.m.
Via: Hybrid

Mental Hygiene Staff Attendance:
Sarah Begeal, Director of Community Services Danielle Fabregas, Clinical Program Director
Sue Graves, Secretary to the Director

OPWDD Members Present
John Crosby
Gayle Pado (Z)
Shannon Westbrook (Z)
Gabriella Ayres (Z)
Karen Warfle (Z)
Pat Gillule

Absent
Tina Lounsbury
Christine Schweitzer
William Staindinger, III

Guests:
Alex Klinko
Tricia Tomm
Anne Seepersaud

Meeting called to order at 9:35am

Topic: Review of the October 2026 Minutes
- Motion to approve – Karen Warfle, 2nd John Crosby

Status: Informational – Complete

Topic: Director's Report – Sarah Begeal

Federal Update House Democrat ENC Medicaid
- Updates & impacts on local counties discussed
- There is CMS scrutiny over the New York program
- Could be looking at financial pressure with Tioga County programs
- Could reduce services available and access to care for individuals
- County fiscal impact
- Could see an uptick in Emergency & Crisis services
- Could affect continuity of care
- Estimated $ 7.7 billion annual reduction in funding for New York State
- Unclear what this will look like for Tioga County

Front Door Call
- Hospital reached out to Sarah regarding information on the Front Door
  - Anne shared LifePlan has 24/7 Customer Service available to assist

Status: Informational – Complete

Topic: Clinical Program Director's Report – Danielle Fabregas

Census

- September 2026 total: 570 of which 198 are kids
- Currently serving one OPWDD individual in the ADS system

Status: Informational – Complete

Topic: Agency Reports

DDSO/DDRO Report – Alex Klinko

- No updates

John Crosby is looking for information on how many Tioga County people went through the Front Door. If none, then there is nothing to report but if there were, how many and were they connected to services. Alex understood what John was looking for and explained to the group that the answers are not cut and dry for numerous reasons, including the individual not being under any obligation to accept services. Discussion ensued.

Achieve Report – Shannon Westbrook

- Have potentially 4-5 new referrals
- An additional staff member hired
- Individuals are being transported to Broome because Day Hab is full in Tioga County
- Plan is to recertify for a larger capacity
- DAYWOW is growing
- Blended program started with DAYWOW, Day Hab & Pre-voc

FFS Report

- FSS contract supports 12 agencies; 6 of which are in Tioga County
- There are 27 programs in total with Tioga County participating in 15
- Eligibility Support gap recognized
    - Kids under 10 yrs old needing eligibility
    - RFP in 2028 hoping to fill this gap
- Statewide FSS RFP updates
    - Renewed RFP releasing on a regional basis instead of statewide
    - Releasing region 5 in November
    - $ 4.1 million annual funds with $ 7.6 million statewide
    - Briefly reviewed the changes that are coming
- Family Reimbursement ADM waiting for updates
- DBAC developed a formal comprehensive directory of FSS state programs

CCO Reports

LifePlan - Anne Seepersaude

- CCO coverage for kids under 10 yrs old discussed
    - Utilizing natural & community supports (YMCA)
    - Could be eligible for waiver services if unable to participate in natural & community services due to their IDD
    - Must be a justified need
    - Must use what is already available before going to waiver services
    - There are a lot of caveats and small details
    - Call Anne or Tricia from Prime Care for assistance
- LifePlan is supporting over 330 people in Tioga County – referrals being accepted
- Developing a community networking event in Owego with IDD providers – more info to come

John asked how well special need kids are transitioning out of schools. Anne shared that they are working with the schools to make those transitions. John stated he may want to invite one of the schools to the subcommittee meeting. Perhaps Jamie Fabrizio from Owego.

Prime Care – Tricia Tomm
- Currently have no wait list and taking new referrals
- Currently serving 71 people in Tioga County
- Had one new enrollment for Tioga County

Rackers Report – Gayle Pado
- New director hired
- FSS featuring virtual opportunities and events (attached)
- Calendar of events in Tioga County (attached) briefly reviewed
- Rackers-giving event at the Neighborhood Depot, Owego on 11/19 at 11:30am

Catholic Charities Report – Gabriella Ayres
- Trying to get referrals in Tioga County
- Currently serving 20 individuals in Tioga County

Self-Advocacy Report – Karen Warfle
- Reaching out to find a self-advocate representative for these meetings.
- Someone will attend the December meeting.

Camp Badger – Pat Gillule
- Expanding program
- More campers ages 6-65
- Family Camp offered as well
- Staffing changes coming in 2028
    - Anyone over the age of 24 must be served by a staff member from the United States.

Status: Informational - Complete

Adjournment: The meeting adjourned at 10:29am. The next meeting is scheduled for Tuesday, December 1st, 2026, at 9:30am.

OCTOBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Ithaca Craft Club 4-5:30	2	3
4 Ithaca Open Play 9-1pm	5 Book Club Caregiver Group	6 Other Voices 607	7 Ithaca Trunk-r-Treat 3:30-5:30	8 Ithaca Craft Club 4-5:30	9	10
11 Ithaca Library Closed	12 Book Club	13 Cortland Trunk-r-Treat 3:30-5:30	14 Virtual BINGO and in person in Ithaca	15 Owego Trunk-r-Treat 3:30-5:30	16	17
18 Ithaca Open Play 9-1pm	19 Book Club	20 Other Voices 607	21 Virtual BINGO and in person in Ithaca	22 Ithaca Craft Club 4-5:30	23	24
25 Ithaca Open Play 9-1pm	26 Halloween Book Club	27 Other Voices 607	28 World Tour Bingo! Virtual 5-7pm	29 Ithaca Craft Club 4-5:30	30	31 HAPPY HALLOWEEN

For more information, contact LendingLibrary@racker.org

NOVEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1 **Library Closed**	2 Book Club, Caregiver Group	3 Other Voices 607	4 Virtual Bingo and in person in Ithaca	5 **Library Closed for Staff celebration**	6	7
8 Open Play: Ithaca 9am-1pm & Cortland noon-5pm	9 Book Club	10 Other Voices 607	11 World Tour Bingo! Virtual 5-7pm	12 The Art of Racker 2:00-5:30 Ithaca & Cortland	13	14
15 Open Play: Ithaca 9am-1pm & Cortland noon-5pm	16 Book Club	17 Other Voices 607	18 Virtual Bingo and in person in Ithaca	19 Ithaca Craft Club 4-5:30, GAME SHOW NIGHT 5:30-7 PM	20	21
22 Open Play: Ithaca 9am-1pm & Cortland noon-5pm	23 Book Club	24 Other Voices 607	25 Ithaca library closed	26 **Closed for Holiday**	27 **Closed for Holiday**	28
29 Open Play: Ithaca 9am-1pm & Cortland noon-5pm	30 Book Club					

For more information, contact LendingLibrary@racker.org

Tioga Events
November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 **Music Therapy** Neighborhood Depot **10-11am**	4 **Fire Department Tour** Owego Fire House **10-11am** **(See Flyer)** **MUST RSVP**	5 **Movie Night** Neighborhood Depot **3:30-5:30** BYL	6 **Chair Zumba** Neighborhood depot **1-2pm**	7 **STIC"S Holiday Craft Fair** 135 E Fredrick S. Binghamton, NY **$$ 10am-3pm**
8 **The Revolution and the Creation of American Music** Phelps Masion Museum **$$ Starts at 11am**	9 **Qi Gong w/ Josh Kelly w/ Southern Tier Bridges** **RSPV** on STB Facebook page **$$ Starts at 12pm**	10 **Arts and Crafts** Neighborhood Depot **11am-1pm** BYL **aKtion Club Owego** Boys & Girls Club **1:15-2:15pm**	11 **Book Club: Harry Portter** Neighborhood Depot **10am-11am** **Bowling Night** Owego Bowl **3-6pm $$**	12 **Nov. Birthday Celebration and Games** Neighborhood Depot **10am-12pm** BYL (Dessert Provided)	13 **Racker Bingo** Neighborhood Depot **1-3pm** BYL	14 **Twin Tiers Comic-Con** Arnot Mall Event Center **$$ 11am-6pm**
15 **Twin Tiers Comic-Con** Arnot Mall Event Center **$$ 11am-5pm**	16 **Corning Glass Museum Meet up** **11am-1pm $$**	17 **Music Therapy** Neighborhood Depot **10-11am**	18 **Cooking Class** Nichols Fire dept **9:30am-12pm** **MUST sign up** **(See Flyer)**	19 **Rackers-giving** **Neighborhood Depot** **11:30am-2:30pm** **See Flyer for Details** **Please RSVP**	20 **Junk Journaling** Neighborhood Depot **1-3pm** **JJ & BYL**	21
22 **Holiday Musical Bingo** North Ball Room Double Tree Binghamton, NY **$$ starts at 3pm**	23 **Bowling w/ Southern Tier Bridges** **RSPV** on STB Facebook page **$$ Starts at 12pm**	24 **Junk Journaling** Neighborhood Depot **11am-1pm** BYL **Racker Bingo** Neighborhood Depot **5pm-7pm** BYL	25 **Midway Bowling meet up** Midway Lanes **12-2pm $$**	26	27	28
29	30 **PJ's and Movie Day** **Neighborhood Depot** **12:30pm-2:30pm** BYL					

Notes

BYL = Bring Your Lunch/Dinner/Snacks
$$ = Cost Associated
JJ= Bring Junk Journal

MUV Class
Owego Boys & Girls Club
TUES & THURS 11:15am-12:30pm

Shuffle Board- Every Wednesday
Senior Center Broome West
12:30-3pm

Wii Bowling - Every Thursday
Senior Center Broome West
9:30am-noon

GiGi's Playhouse
@Oakdale Commons
Checkout schedule online

Southern Tier Bridges, Inc.
On Facebook
RSVP 2 events a Month **$$**

Virtual Activities available throughout the month.

To get the calendar, email ChrisS1@racker.org

Racker

COOKING CLASS

With:

Vicky Wiggins

Wednesday, Nov. 18th
Start at 9:30am-12:30Pm
At Nichols Fire Dept.

RSVP required.

To RSVP, please contact
Vicky at: (607)-321-1103

When you RSVP, Vicky will let you know what dish we will be preparing and one ingredient to bring to help complete the meal.
Participants will have the opportunity to:

- Help prepare the meal
- Enjoy eating the dish together
- Practice cleaning up after cooking

Racker

YOU ARE INVITED TO RACKERSGIVING

Filled with Fun!

We'll have a craft, games, and food!

Turkey will be provided, and we encourage everyone to bring a dish to pass, if you're able.



November 19TH

11:30am to 2:30pm

at Neighborhood Depot

146 Central Ave, Owego, NY

Please RSVP to:
Jessica Shirley
607-529-0128 (call or text)
Jessicas@racker.org
by November 16th

FIRE DEPT. TOUR

LEARN ABOUT YOUR LOCAL FIRE DPARTMENT

NOV. 4TH 10AM-11AM

OWEGO FIRE DEPARTMENT
87 NORTH AVE.
OWEGO, NY

MUST RSVP
ONLY 20 SPOTS AVAILABLE

RSVP TO JESSICA SHIRLEY @ 607-529-0128



LIFEPlan CCO NY CUSTOMER SERVICE CENTER



1-855-572-2669 (1-855- LPCCONY)
questions@lifeplanccony.com

What: Customer Service Center
Why: Direct, live access via phone and email to LIFEPlan professionals to

- Resolve Concerns and Questions
- Provide Information
- Connect and Follow Up

Who: Members, Families, Providers, anyone who needs to connect with LIFEPlan CCO
When: Launches 1/9/23

THE NEW LIFEPLAN CUSTOMER SERVICE CENTER

- Is staffed with specialists who answer and facilitate connection with the appropriate party.
- Is a phone number that operates during regular business hours, Monday through Friday, 9:00 am – 5:00 pm.
- Answering service will handle all calls outside of regular business hours and on weekends/holidays.
- Receives and responds to emails at questions@lifeplanccony.com.
- Accepts calls from general community, individuals and family members who receive services from LIFEPlan CCO, providers and employees.
- Tickets and tracks each call/email to ensure timely follow up.

WHAT HAPPENS TO EXISTING LIFEPLAN PHONE NUMBERS?

Forward to Customer Service Center	Stay the Same
Main Office: 315-565-2612	Enrollment: 855-543-3756
After Hours On Call: 1-800-232-7145	Compliance Hotline : 315-338-4095
	Satisfaction/Grievance Hotline: 855-423-1369

WHAT INFORMATION SHOULD BE PROVIDED WHEN CONTACTING CUSTOMER SERVICE CENTER?

Providers requesting member or general information must provide members' full name and TABS ID or DOB.

Providers requesting documents should email list of members to questions@lifeplanccony.com and include members full name and TABS ID or DOB. Requesting documents can be done by phone but email is preferred.

Members/advocates who contact the service center must provide members' full name and TABS ID or DOB.

QUESTIONS?

For more information about the Customer Service Center, email questions@lifeplanccony.com.